



ASHA Inc

American

Safety & Health Associates

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Falls – Surprise Hazards

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Falls occur only from heights, right? ... Wrong! Falls can occur anywhere and the financial damage and personal injury can be devastating. So, be sure to comply with ALL fall protection requirements including the newly enforced fall requirements in Residential Construction or your specific industry. Slips, trips and falls cause most construction fatalities and disabling injuries and cause over 20% of all lost workday injuries across all workplaces including “safe” offices.

Why are there so many falls and injuries? ... because the factors are so common that we don't notice them and they catch us by surprise because we didn't Plan to Prevent and Protect.

Fall Factors, the science – 1) Friction 2) Momentum and 3) Gravity work together to cause or prevent falls. Sudden changes in Friction (usually slipping) cause unsuspected loss of footing, control of leg-body coordination and loss of balance resulting in falls. The inertia of high momentum (from moving fast and being heavy) causes inability to quickly stop, turn, side-step or re-balance your body in response to trip hazards including sudden changes to high friction footing. Gravity pulls you down causing a fall whenever loss of balance or control is not immediately corrected.

Preventing Falls - Proper Housekeeping and proper design and use of Walkways, Stairs, Ladders, Elevated surfaces, Aerial Lift devices, Covers, Guardrails, Floor and Wall Openings and Holes, as well as PPE, Nets, Warning Lines, Monitors and other Fall Prevention and Protection means.

Fall Prevention and Protection is one of the smartest things you can do for the safety of your employees and your business. Don't let slips, trips and falls catch you by surprise. Plan to Prevent and Protect now while it is fresh on your mind.

Terry Welsh of ASHA Safety can help you prevent falls, injuries, fines and workers compensation claims.

NOTE: You can save big on liabilities, insurances and fines, get more jobs and keep people working. Have ASHA write your Safety Management Program, do your Training & Consulting. Get \$500 off.

Contact Terry Welsh of ASHA Safety at 517 927-3177 or twelsh@ashasafety.com

Sustainable Profits require Safety, Compliance & Quality; all are Attainable
“A visit from ASHA makes a visit from OSHA become a walk in the park”